

10 Top Tips before choosing a Cosmetic Dentist



Recommendations are always an excellent means of referral!

It would be a very rare case indeed if a recommendation was made and the person was not pleased with the work as we only do this when we feel pleased with the service we have received – so good referrals are a really important source for you, especially if the treatment received is similar to that which you would like yourself.

Make sure the dental practice you are considering undertakes the type of work you are looking for on a regular basis

Cosmetic dentistry has advanced at an amazing pace in the last ten years in the UK and a leading practitioner

who regularly undertakes this type of work will want to be at the forefront of any changes and advancements in this area. This factor alone can impact greatly on achieving the outcome you may be after.

Healthy gums and teeth are fundamental to achieving long term results

Before commencing any cosmetic treatment, it is vital that it is done when your teeth and gums have been given a clean bill of health. Cosmetic dental treatments are a long-term investment and can transform your looks and confidence, so it is important that the foundations are healthy first. A reputable practitioner will undertake a thorough check and discuss with you any areas of concern and how they can be rectified prior to treatment – saving you money and time.

Ask how many other clients have had the type of treatment they are recommending for you.

Most dentists will be pleased to share this information with you and often arrange for you to meet or talk to other clients, who they have treated, giving you the reassurance and confidence to proceed.

Ask to see before and after images of similar cases they have treated

Again, you should find they are very pleased to share this information with you as it allows you to see the quality of their work and some amazing transformations. Everyone likes to be able to showcase their achievements and dentists are no exception!

Client testimonials are also another good point of reference

Any dentist who is involved in this type of dentistry will have received testimonials from satisfied clients. Sharing this information with you is a real compliment to them and their expertise, as often you will find the treatment has touched people's lives in ways they never thought possible, instilling confidence and self-esteem.

Does the Practice offer cosmetic dental treatments?

Not everyone can offer the same level of skill in every area of dentistry so it is important to choose a dentist who clearly delivers the expertise you are looking for and not one who just undertakes this type of work occasionally, if you are to receive the best advice and treatment.

Advanced cosmetic dental treatments are available near you.

Very often advanced cosmetic dental treatments are available from a practice near you, but people mistakenly believe that this level of expertise is only available from central London practices. This has not been the case for a very long time, as more and more dentists have undertaken extensive training in cosmetic treatments and in some cases are better qualified and experienced than their central London counterparts.

How good is the 'Trial Smile'?

When undergoing such a transformation with veneers it will often mean there is a transition period (often referred to as the Trial Smile) between the treatment and the final fitting, so it is important that you ask how good the temporary teeth will be, as you will be wearing temporaries for a short period of time. Not only does this allow time for the final veneers to be made but it also gives you the opportunity to 'try out' your new smile and any adjustments can then be made before the final fit. In most cases the Trial Smile will be better in appearance than the 'smiles' people arrive with, but it is important to ask this so you can have total confidence in the way you will look during the trial period.

Should I get more than one quote?

If you are getting more than one quote for the treatment you want, it is important that you make sure you are getting the same high standard of care and expertise from each practice, so you are comparing like for like. Ask for a detailed quote for the treatment that has been recommended so you can make a true comparison, as an inferior quality product will only deliver inferior results which could mean poor appearance, reduced resilience and/or fit and will cost you far more in the long run.

Thank you for downloading our Top Tips on choosing a Cosmetic Dentist, we hope you have found this information useful. Please call us on 0208 303 7445 for your initial consultation.